ANNUAL REPORT 2025

acsis



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FOREWORD

2025 was, for ACSIS, a year of hearts coming together.
A year in which fragile stories found a safe place.
A year in which overwhelmed mothers, carrying worries gathered in silence, chose to take one more step — sometimes small, sometimes uncertain — but always courageous. They came with fear and with hope, with unanswered questions and with the desire to offer their children something better: stability, safety, peace of mind.



In a context marked by uncertainty, economic pressure, and tension, the ACSIS Counseling and Support Center remained a space to breathe. A place where words were received without judgment, emotions were not rushed, and children were welcomed with gentleness. Here, people were seen. Here, stories mattered.

This report is not only about activities.
It is about trust.
About the moments when someone was truly listened to for the first time.
About small steps that changed big directions.
About the strength that emerges when you are not alone.

With gratitude, we thank all those who chose to stand by us this year: sponsors, donors, volunteers, and partners.
Through your support, you offered more than resources — you offered opportunity, safety, patience, and hope.
Every contribution meant a child protected, a mother who felt she was not alone, a step forward in a difficult moment.

Thank you for choosing to invest in people.
In mothers who are learning to rise again. **In children who deserve a better begining.**
In a future built with care, step by step.

The ACSIS Team

Together, we help single mothers discover their resilience and the resources they need to raise their children in safety and dignity

ABOUT ACSIS



Who we are

THE ASSOCIATION FOR A SUPPORTIVE COMMUNITY AND SOCIAL INTERVENTION – ACSIS (www.acsis.ro) is a non-governmental, non-profit organization, without political or religious affiliation, which has been implementing programs since 2004 aimed at maintaining the cohesion of the most vulnerable families.

ACSIS' MISSION is the sustainable development of the family and the community, through education and specialized intervention to prevent harmful social phenomena such as maternal abandonment, human trafficking, or school dropout.

We achieve this by developing programs focused on **education for a healthy life, psychosocial assistance, and the social and professional inclusion of vulnerable individuals.**

We primarily address single mothers or single-parent families who face:
- lack of financial resources,
- difficulties in socio-professional integration,
- social isolation and lack of support,
- family and intergenerational conflicts.

ACSIS' intervention is centered on **dignity, respect, empathy and empowerment**, aiming to support the long-term autonomy and stability of families.

WHAT SERVICES DO WE OFFER?

Together, we support single mothers to overcome adversity and build a safe and dignified future for their children.

- **Social and psychological counseling –** emotional support and guidance in difficult situations.
- **Support groups and parental education –** safe spaces for sharing, learning, and mutual support.
- **Access to education and care –** assistance with enrolling and maintaining children in appropriate educational programs.
- **Personal development and non-formal education –** interactive activities for parents and children.
- **Support for socio-professional integration –** assistance with employment, following qualification courses and acquisition of practical skills.
- **Information on social rights and mediation with authorities –** accompaniment and guidance to access rights and resources.
- **Health education –** information and support in accessing medical services.
- **Individualized material and/or financial support –** provided monthly (for limited periods) and in emergency situations.
- **Recreational and socialization activities – positive experiences for mothers and children.**



KEY RESULTS IN 2025

Together, we turn care into hope and solidarity into real opportunities for mothers and children



143 people supported – including single mothers and children, through social services and individualized interventions. Among them, **22 mothers and 34 children** benefited from integrated social services, while **35 mothers and 52 children** received targeted counseling and crisis support.



1,054 hours of individual counseling – in social, psychological, and socio-professional integration and crisis support.



6 support groups and parental education sessions – providing safe spaces for sharing, learning, and mutual support.

KEY RESULTS IN 2025

Together, we turn care into hope and solidarity into real opportunities for mothers and children



6 personal development workshops – organized for mothers and children to foster growth, skills, and confidence.



12 mothers obtained and maintained stable employment – achieving financial independence.



22 mothers received monthly material support – including food, hygiene products, clothing, and/or personalized financial assistance.



27 children received school supplies and backpacks – at the beginning of the school year, ensuring equal opportunities to learn.

KEY RESULTS IN 2025

Together, we turn care into hope and solidarity into real opportunities for mothers and children



20 creative workshop sessions – offering therapeutic and educational experiences for mothers and children.



Over 500 products created – within the creative workshops, showcasing creativity and skill development.



10 volunteers actively contributed – to activities and events, strengthening community involvement.



6 participations in fairs, events, and exhibitions – promoting social inclusion and visibility for the families we support.

PROJECTS

CHILD–FAMILY SEPARATION PREVENTION PROJECT

Every child deserves a safe home







Social and Psychological Counseling – Emotional Support and Guidance in Difficult Situations

ACSIS stood by single mothers, providing individual social and psychological counseling, each meeting carefully designed with attention to the needs and emotions of every beneficiary.

These sessions represented safe spaces where mothers could speak openly about their fears, anxiety, depression, or stress, without fear of judgment. Counseling focused on **clarifying family relationships, strengthening the parental role**, accessing legal rights, and identifying professional opportunities tailored to each situation. It also addressed the **identification and management of emotions, the development of stress-reduction and burnout-prevention strategies, as well as recognizing and valuing personal resources.** Through this integrated approach, mothers rediscovered their strength to organize daily life, make confident decisions,
and create a safer and more balanced environment for their children.

PROJECTS

CHILD–FAMILY SEPARATION PREVENTION PROJECT

Every child deserves a safe home

Growing Together



Support Groups and Parental Education – Sharing, Learning, and Mutual Support

Support groups represented a space for reconnection and encouragement, where mothers could share daily challenges, fears, and joys related to raising their children. Participation in these meetings gave them the opportunity to feel heard, understood, and encouraged, reducing the sense of isolation and loneliness that often accompanied their parenting journey. Each session became a moment where shared experiences fostered a sense of belonging and solidarity, helping mothers realize they were not alone in facing their difficulties.



Support for Socio-Professional Integration – Employment Assistance

We provided ongoing support to mothers throughout their socio-professional orientation and integration process, helping them explore employment opportunities suited to their health condition, experience and family context. Through **solution-focused counseling**, mothers were
encouraged to create or adapt their CVs, identify fields compatible with their parenting schedule and view their professional path as a gradual process built on small but meaningful steps.

PROJECTS

CHILD–FAMILY SEPARATION PREVENTION PROJECT

From Support to Independence

Support for the First Steps



Access to Education and Care – Support for Enrolling and Maintaining Children in Appropriate Educational Programs

We assisted mothers in ensuring their children's access to education and relevant programs by providing **concrete assistance with enrollment in daycare centers and other educational services**. Through this approach, children benefited from a safe and stimulating environment where they could learn, grow and feel supported, while mothers were encouraged to better organize their responsibilities and manage daily activities more effectively.

At the beginning of the school year, we provided **backpacks, school supplies and essential educational materials**, thus helping reduce the financial burden and ensuring a more balanced and secure start for the children.



Resources for Safety

Material and Financial Support – Concrete Assistance for Essential Needs and Parental Security

We stood by beneficiary mothers throughout the year, offering consistent support tailored to the real challenges they faced. Interventions included packages **with basic food items and hygiene products, clothing and footwear, as well as punctual financial assistance in emergency situations**. These efforts contributed to ensuring a minimum level of stability and fostering a sense of security for both parents and children.

PROJECTS

CREATIVE WORKSHOP PROJECT

The Magic of Creativity





Creative Workshop – Developing Practical Skills and Confidence through Creative Work

The creative workshop sessions represented not only practical activities, but also moments of respite, reconnection, and emotional self-regulation. Working with their hands and using a variety of materials helped **reduce stress, increase concentration, and express emotions in a safe and creative environment.**

Mothers rediscovered the joy of creating, practiced punctuality, responsibility, collaboration, and assertive communication, while the creative process contributed to strengthening their self-esteem and sense of personal competence.

Above all, these meetings provided **a space for authentic connection, where mothers felt the support of other women.** The workshop fostered the development of mutual support relationships, strengthened confidence in their own abilities, and nurtured **a sense of belonging to a community where they find understanding and encouragement.**





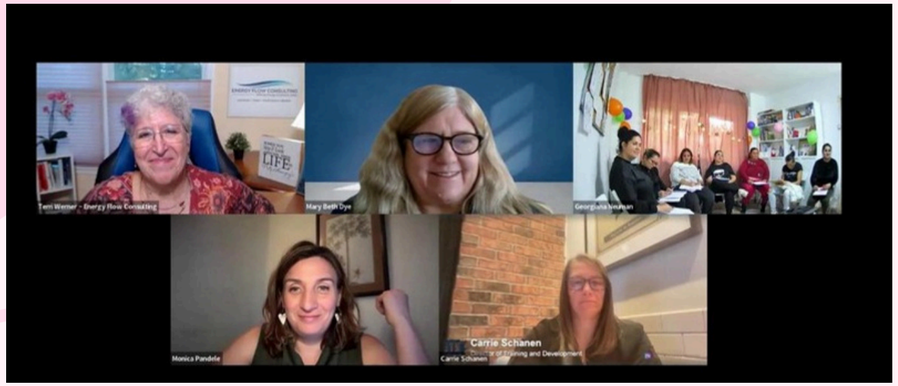




PROJECTS

PERSONAL DEVELOPMENT PROJECT FOR PARENTS AND CHILDREN

Steps toward balance



Personal Development Workshops – Encouragement, Reflection, and Transformation

The project **“The Power Within You”** was designed as a series of personal development workshops aimed at helping participants **reconnect with their own resources, regain confidence, and develop skills** to support them in daily life.
A team of trainers from the U.S. joined the implementation of the project, contributing voluntarily with expertise and personal commitment. Among them were **Terri Werner** (President and Founder, Energy Flow Consulting, LLC), **Monica Pandele** (Transformational Leadership Facilitator, PCC), **Carrie Schanen** (Director of Training & Development, Best Version Media), and **Mary Beth Dye** (Founder, NewVisions Group), who brought empathy, positive energy, and modern working methods to every session.

Terri Werner has long been much more than a supporter of our organization, and within the context of this project, she served as a true catalyst for change. Her involvement came consistently from deep compassion and full commitment. **Through her personal example, she shared our mission with other remarkable women,** encouraged them to get involved, and contributed to the development of a supportive community based on compassion and solidarity.
The themes addressed included **resilience, emotional balance, effective communication, conflict management and building healthy relationships.**



The team of trainers created a safe and welcoming space where participating mothers—many carrying the burden of profound social and personal challenges, daily struggles, and isolation—felt seen, heard, and authentically supported. Thanks to the inclusive, confidence-building methods used by the facilitators, participants opened up with honesty and courage, sharing their emotions, experiences, and hopes with remarkable authenticity.

PROJECTS

PERSONAL DEVELOPMENT PROJECT FOR PARENTS AND CHILDREN

Steps toward balance

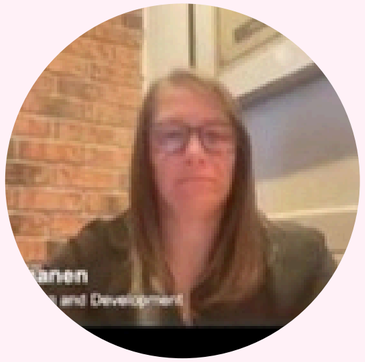


In turn, the trainers themselves expressed how deeply this experience affected them.

Monica Pandele emphasized: *"Technical challenges, language barriers — all of that was dissolved in our desire to create transformation and to make a difference for these women. I am very grateful and blessed for this opportunity"*



Mary Beth Dye remarked on the unexpected impact of the sessions: *"I was surprised by how much of an impact we had. From never meeting them, all being online and in a different language — it just tells me what's possible,* ***how much is possible when you really show up and care."***



Carrie Schanen described the project as: *"a powerful reminder that when we invest well, magic happens on the other side of it. And that's not about us or what we've done, but* ***about how we choose to show up for others*** *and that investment in each other's life's matters."*

PROJECTS

PERSONAL DEVELOPMENT PROJECT FOR PARENTS AND CHILDREN

Steps toward balance



Terri Werner shared: *"We are so grateful for this opportunity. It has been such a joy to serve these inspiring, resilient women who are trying to improve their lives, and to work with such a creative, collaborative team of heart-centered facilitators. We loved to see the participants' progress in each session, and to hear their visions for themselves and for their families. This experience has shown the power and beauty of what happens when you ask generative, life-giving questions and* ***create supportive spaces for people to reflect, share and learn.***"



















For our organization,
"The Power Within You" *reaffirmed a fundamental truth: transformation becomes possible when people are met with trust, respect, and openness. In such spaces, every voice matter — and every step forward becomes the beginning of a new perspective.*

IMPACT IN THE LIVES OF BENEFICIARIES

Every Step Counts

This year was about mothers who, step by step, managed to transform isolation, helplessness, and fear into courage, confidence, and inner resources. It was a year of reconnection with themselves and with others, during which many of them learned that asking for and accepting support is not a sign of weakness, but an act of responsibility and care for themselves and their children.

Among the most remarkable progress observed were:



• Increased confidence in their own decisions and a stronger assumption of the parental role;



• Improved ability to manage difficult emotions and daily stress;



• More balanced family relationships, based on communication and clearer boundaries;



• Greater openness to social support and existing community resources, used with increased confidence and autonomy.

TESTIMONIALS

From Support to Change



"I just want to thank you for everything you've done for me — you are like angels. Especially the ladies from U.S., who helped me change my mindset. Raising a child alone is very hard, especially nowadays, but with your help and support, I've gradually been able to overcome many challenges — both emotional and daily life ones. Thank you from the bottom of my heart ❤️🤗"

A., beneficiary mother



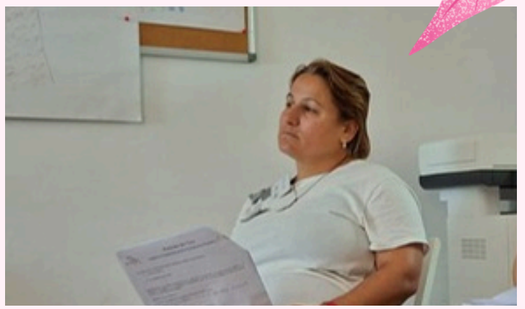
"First of all, I want to thank ACSIS for all the support — both emotional and practical — and for connecting us with the trainers from the U.S. Secondly, I thank the American team for the moral support they gave us during the course. Through them, I learned how to manage myself better (at least sometimes) when I feel exhausted. I know that with practice, it will be easier to face challenges, which greatly helps with stress management and more."

C., beneficiary mother



"It was wonderful to meet other single mothers. I learned so much about resilience — how to keep going and stay positive in any situation. I really enjoy meeting the ladies every month. Each time I leave with something new about staying calm and having faith when life gets tough. These workshops make me feel stronger as a single mother."

C., beneficiary mother



"Meeting these amazing women reminded me how strong we are, as women, how loving and responsible we are for the education of our children, for their peace and happiness, and also for our own. Everything is possible when we know our values and learn to manage our emotions. If we trust ourselves and God, the impossible becomes possible. Thank you for sharing these experiences, dear mothers! Words of gratitude for ACSIS are not enough to express how much this means to me and my family ❤️"

M., beneficiary mother

TESTIMONIALS

From Support to Change



"I appreciate being listened to and that my opinion matters. I've learned that the power is within me, that my voice has value, and it's important to express it whenever I have the chance."

A., beneficiary mother



"It was an honor to participate in the workshops. I learned a lot — especially to be more patient in difficult moments and to think before reacting. As a single mother, I always felt pressured and reacted immediately without thinking. Since attending the workshops, I behave differently: I listen more attentively, respond more wisely, and ask for things in a calmer way — without anger. With my daughter, I've become much more patient and try to understand her better and better. Thank you so much for these lessons 🙏"

C., beneficiary mother



"Despite many challenges and difficulties, I feel blessed here at ACSIS, with wonderful people in my life — quality people with vision, warm, welcoming, and understanding."

S., beneficiary mother



"The most important thing I learned is to manage my emotions — to be calm and very clear when I have something to say, and to make sure my little ones understand what I am asking. I realized that staying calm is essential, no matter the situation. Even when it's hard, I know my children look up to me as an example.
After the workshops, I've learned to be more empathetic. If we continue applying what we learn here, we will surely see positive changes — for ourselves, for our children, and for the people around us!"

M., beneficiary mother

TESTIMONIALS

From Support to Change



"For a long time, I felt very isolated because I had no friends at all, and over time, I got used to it. I feel connected only to the people at ACSIS because I've known them for some time, and they have always been there for me. I feel like I'm slowly learning to express my feelings more easily and make friends with other mothers."

N., beneficiary mother



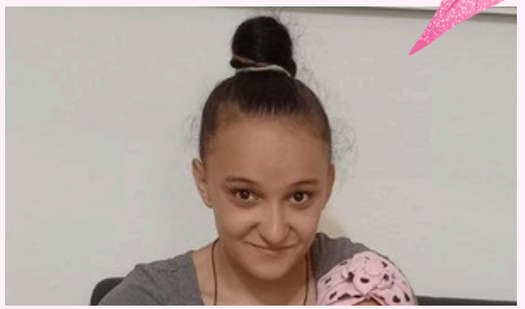
"I see myself differently because I've become wiser and stronger — whenever I fall, I get back up. What is hard makes you stronger!"

G., beneficiary mother



"I really enjoyed these workshops — the way they guided us, the mothers, to manage our emotions, be more patient and calmer, and face obstacles with an open heart. I learned not to pressure myself emotionally, especially in my relationship with my daughter — I'm more relaxed and focused on what truly matters.
Now I'm proud of myself, as a person and as a mother. I've learned to look within, find love and compassion, and share them with my child and others.

C., beneficiary mother



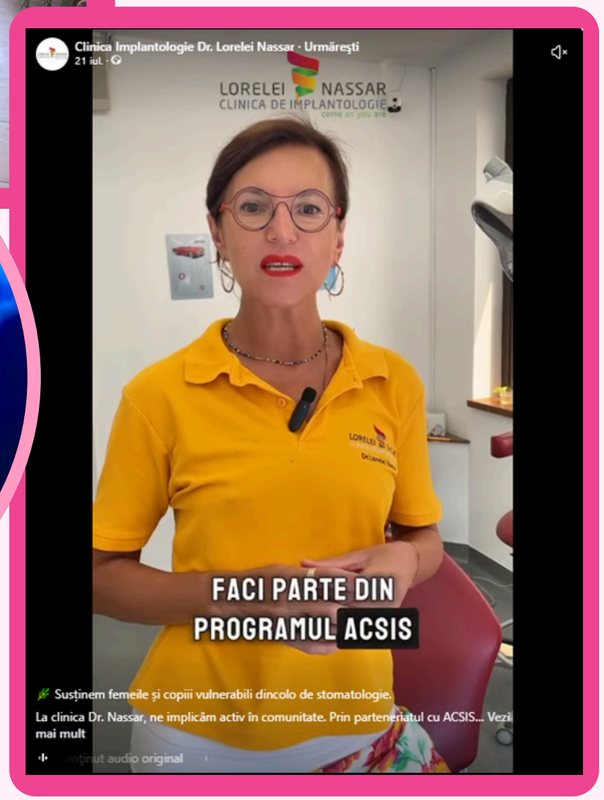
"Since I joined ACSIS, I feel part of the community of strong moms."

M., beneficiary mother

CAMPAIGNS







CAMPAIGN "SUPPORTING DISADVANTAGED CHILDREN"

The **Dr. Lorelei Nassar Implantology Clinic** once again made an essential contribution this year to improving the quality of life for mothers and children in our programs by providing free dental treatments. Access to specialized medical services reduced health risks, increased beneficiaries' self-confidence, and supported their social integration.

Through the annual campaign **"Supporting Disadvantaged Children"**, the clinic directs a percentage of the revenue from each procedure to children supported by ACSIS, turning medical care into a concrete act of solidarity. Additionally, hosting a permanent exhibition of products created by beneficiary mothers in the creative workshop helps strengthen the connection between the community and vulnerable families.

CAMPAIGNS

CAMPAIGN “DONATE KILOS FOR A GOOD CAUSE!”

KILOSTOP Nutrition Clinic supports single mothers through the campaign **“Donate Kilos for a Good Cause!”**, donating 2 lei to humanitarian organizations, including ACSIS, for every kilogram lost by their patients.

KILOSTOP Junior Clinic, specializing in child and adolescent nutrition, joined the campaign, giving patients the opportunity to turn their personal progress into concrete support for children and mothers. Additionally, during the winter holidays, the team and the entire clinic generously contributed to Christmas gifts for families supported by ACSIS, bringing joy and tangible support to mothers and children.





CAMPAIGNS



CAMPAIGN “SINGLE MOTHERS NEED SUPPORT”

Within the **ZiuaV volunteer program**, developed by **BRD – Groupe Société Générale**, employees are encouraged to participate in the campaign **“Single Mothers Need Support.”**

Thanks to their involvement, single mothers and their children received essential hygiene products and basic food supplies, contributing to the improvement of their living conditions and strengthening social cohesion within the community.

SPECIAL EVENTS



Easter Fair, organized by the National Village Museum “Dimitrie Gusti”



Dorobanți Street Art Festival



“Harvest Celebration” Fair, organized by the National Village Museum “Dimitrie Gusti”



Christmas Fair, organized by KPMG Romania



“Christmas Story” Fair – 2 events, organized by the Comic Opera for Children, Bucharest

SPECIAL EVENTS





SANTA CLAUS AT ACSIS

During the winter holiday season, in the context of a group meeting, exercises and reflections on gratitude brought together beneficiary mothers and their children, turning the moment into an occasion for **appreciation, connection, and celebration**, in the spirit of the ACSIS community.

On this occasion, families received **food packages and gifts for children,** and the efforts of mothers who participated in the “The Power Within You” workshop series were recognized with **participation certificates**, in an atmosphere of joy and gratitude.

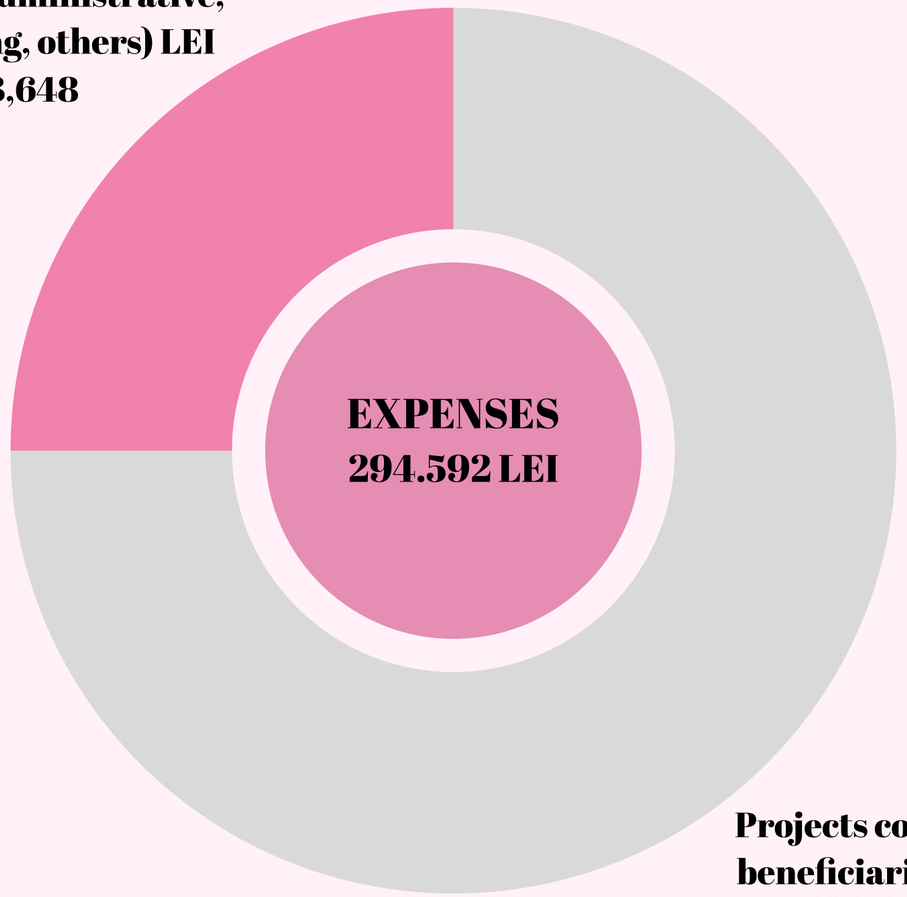






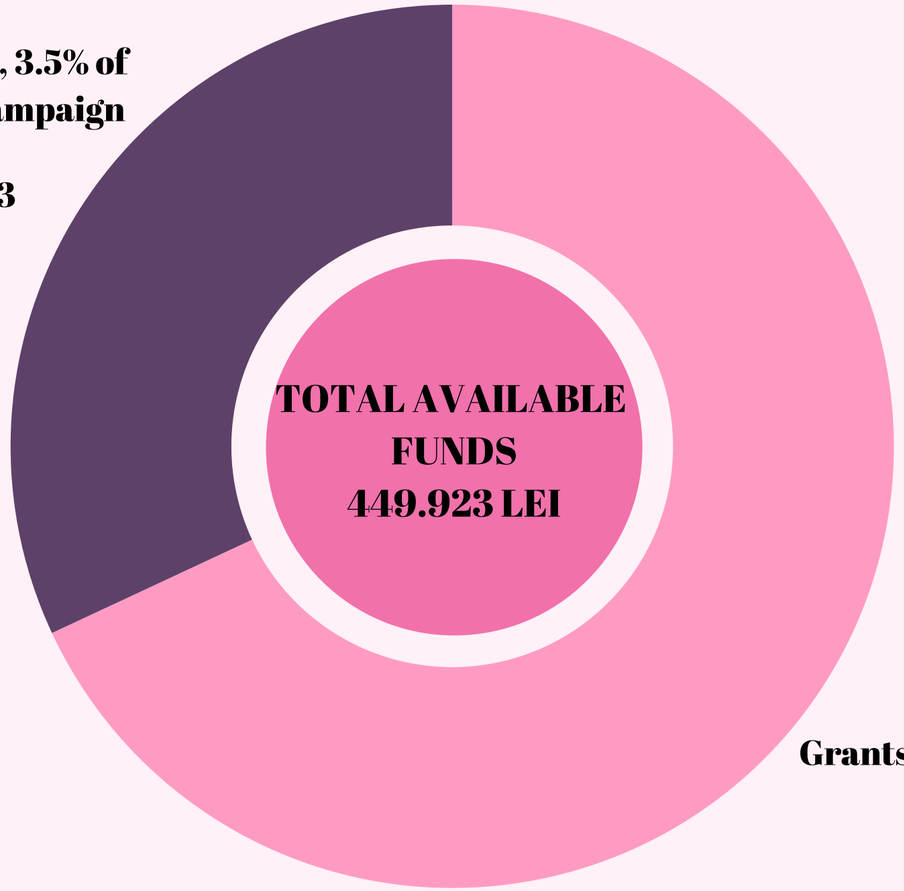
FINANCIAL REPORT

Organizational costs (general- administrative, fundraising, others) LEI 73,648

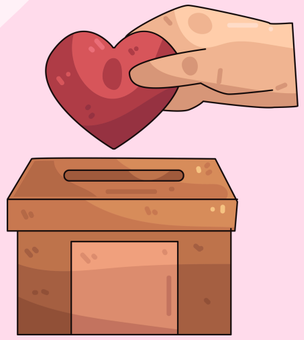


Projects costs for beneficiaries LEI 220,944

Sponsorships, 3.5% of income tax campaign LEI 143,733



Grants, donations LEI 306,190



FUNDERS AND SPONSORS

Our heartfelt thanks go to all the extraordinary and generous people who have stood by our cause – funders, sponsors, volunteers, and partners – whose invaluable gifts of time, energy, skills and resources made our work possible!

- ASSOCIATED TRUST COMPANY NA
- U.S. EMBASSY IN ROMANIA
- A.R.E.I. BASEL – ROMANIAN-SWISS ASSOCIATION FOR INTEGRATION SUPPORT
- BRD – GROUPE SOCIÉTÉ GÉNÉRALE S.A.
- DR. LORELEI NASSAR IMPLANTOLOGY CLINIC
- DENTAL IMPLANT DISTRIBUTION
- DENTISTS INTERNATIONAL S.R.L.
- KILOSTOP NUTRITION CLINIC
- KILOSTOP JUNIOR CLINIC S.R.L.

Warm thanks to all individuals, dear friends from Romania and abroad, who have stood by us throughout this year with generosity, kindness, and trust. We are deeply grateful for your friendship, solidarity, and unwavering support!

CHOOSE TO CONTRIBUTE!

Your Help, Their Future

Every act of support helps keep a family together!

How You Can Help – As an Individual

- **Donate online** and contribute directly to supporting single mothers:
- 👉 **https://acsis.ro/doneaza-online/**

- **If you are able, a monthly gift provides consistent support that allows our work to continue all year long.**
- **Support mothers'** work by purchasing products made in the ACSIS creative workshop, helping to strengthen their autonomy and confidence.

How You Can Help – As a Company

- **Redirect 20% of your company's profit tax a**nd turn social responsibility into tangible impact:
- 👉 **https://acsis.ro/doneaza-online/redirectioneaza-20/**

Engage employees through internal campaigns, charity events, or volunteer actions that support ACSIS's cause.



A small gesture. A big impact.

Your support matters more than you think.
Whether you choose to donate, redirect a portion of your tax, or get actively involved, your contribution helps mothers regain their strength and ensures children grow up safely!

Thank you for choosing to stand with us!

ASSOCIATION FOR A SUPPORTIVE COMMUNITY AND SOCIAL INTERVENTION – ACSIS
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Tax ID (CIF): 16392636
Bank Account (RON): RO33 RZBR 0000 0600 0471 7200 – Raiffeisen Moșilor
Bank Account (EUR): RO21 RZBR 0000 0600 0602 8662 – Raiffeisen Moșilor

THANK YOU!

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